

Biology 224

Human Anatomy and Physiology II

Week 2; Lecture 1; Monday

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Heart & Great Vessels: Structure, Function, Development

INTRODUCTION TO BLOOD VESSELS

Blood vessels – tubular structures, with particular named layers from innermost to outermost:

INNERMOST

Tunica Intima (has three subcomponents):

Inner lining of simple epithelial cells attached to a basement membrane.

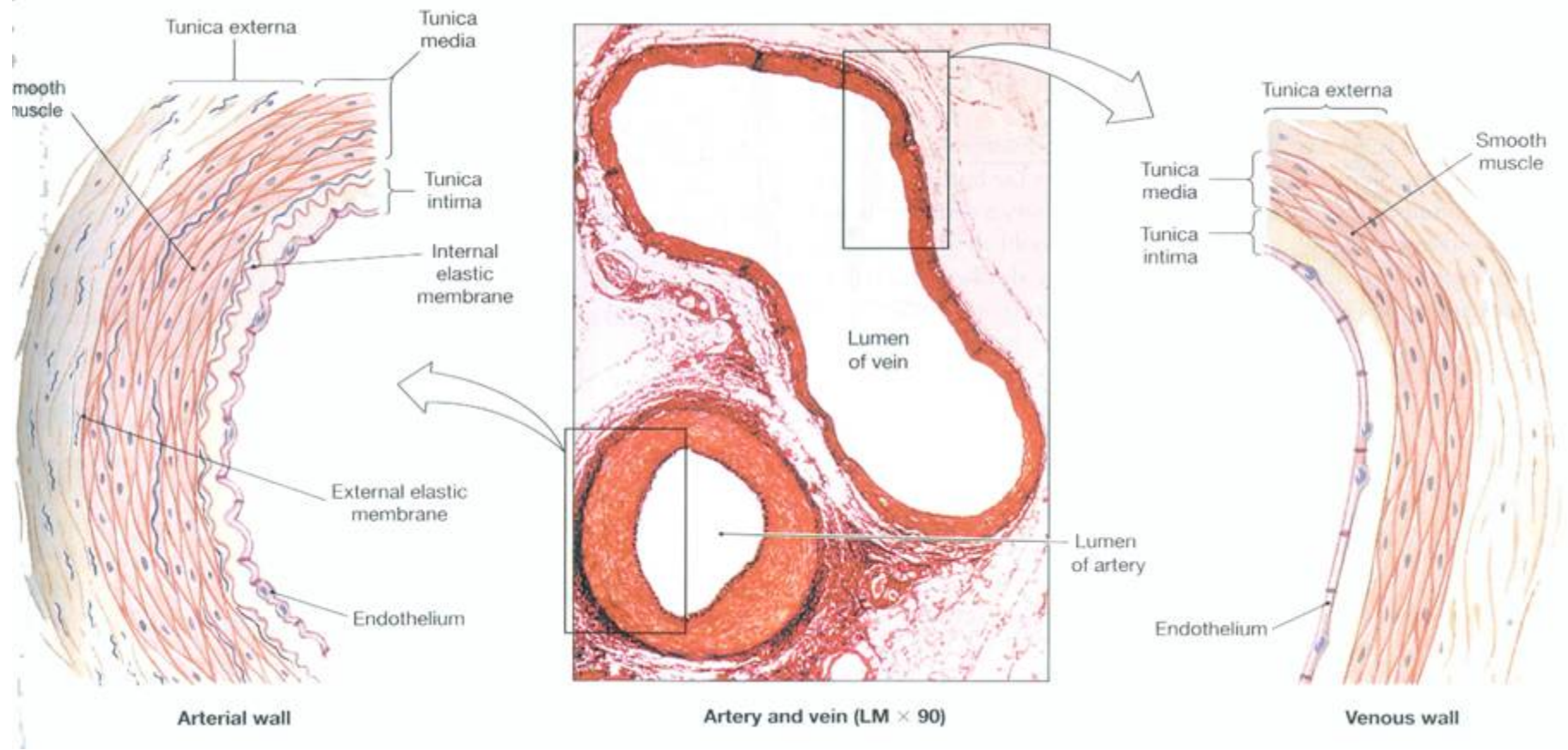
Middle layer of fine connective tissue made up of collagen.

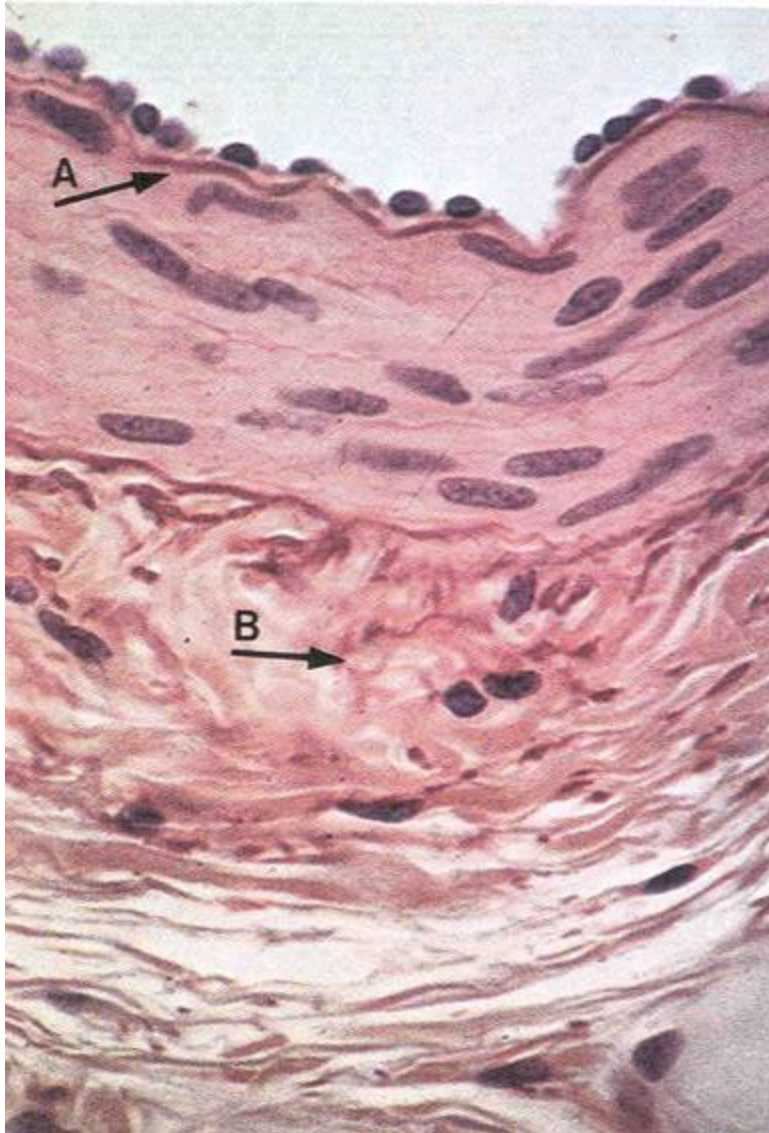
Internal elastic lamina – outer elastic layer

Tunica Media – smooth muscle, elastic fibers, other connective tissue components.

Tunica Adventitia (or *Tunica Externa*)– mostly elastic and collagenous fibers. (In large vessels this layer has dedicated nerves, tiny blood vessels and lymphatics.

OUTERMOST

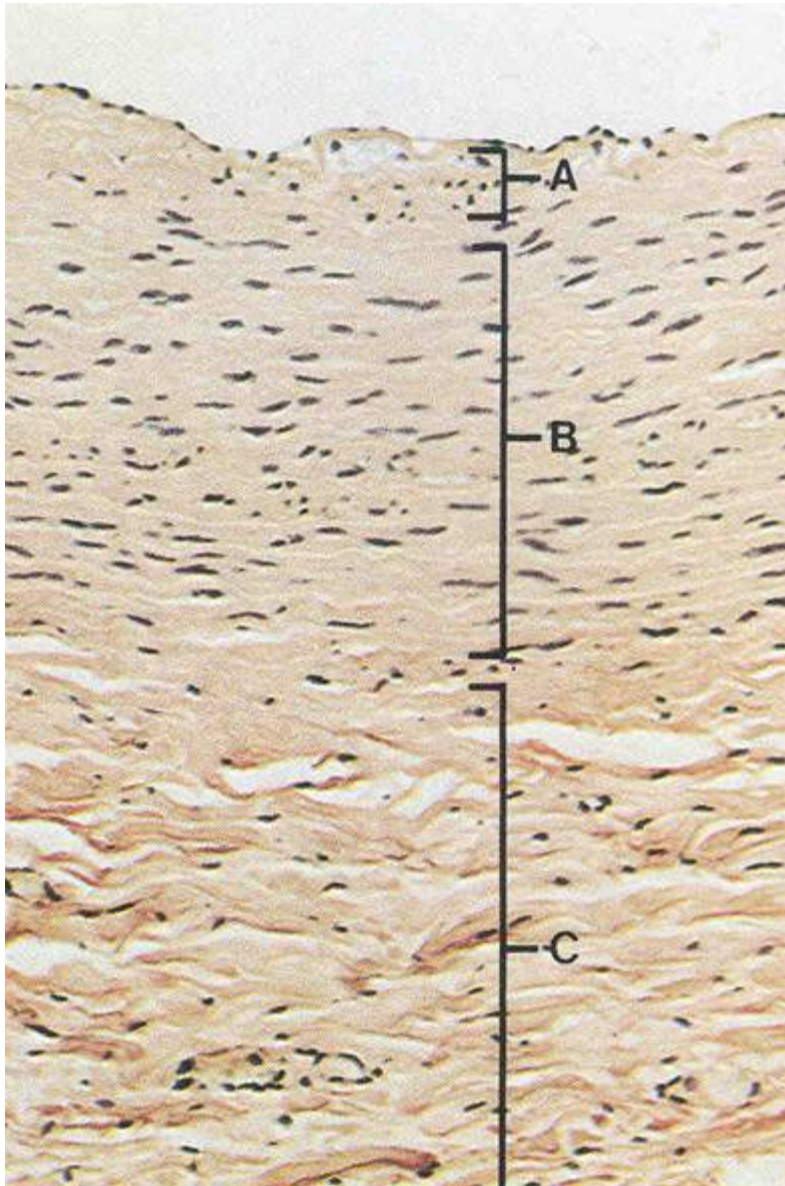




Tunica intima

Tunica media

Tunica externa (adventicia)



Tunica intima

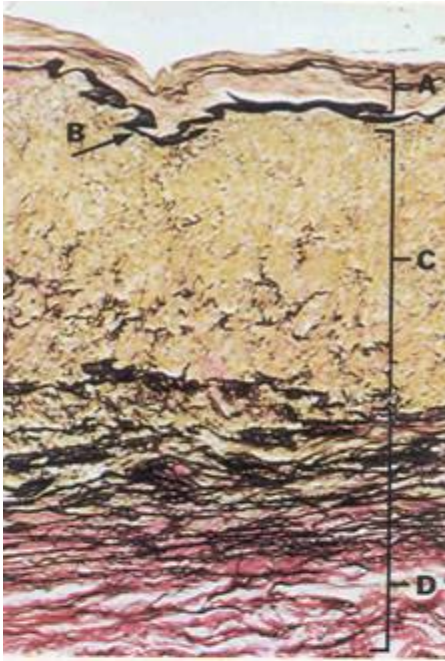
Tunica media

Tunica adventitia

The TUNICA MEDIA is relatively much thinner in veins.

Veins usually have little or not smooth muscle, except in the largest of veins.

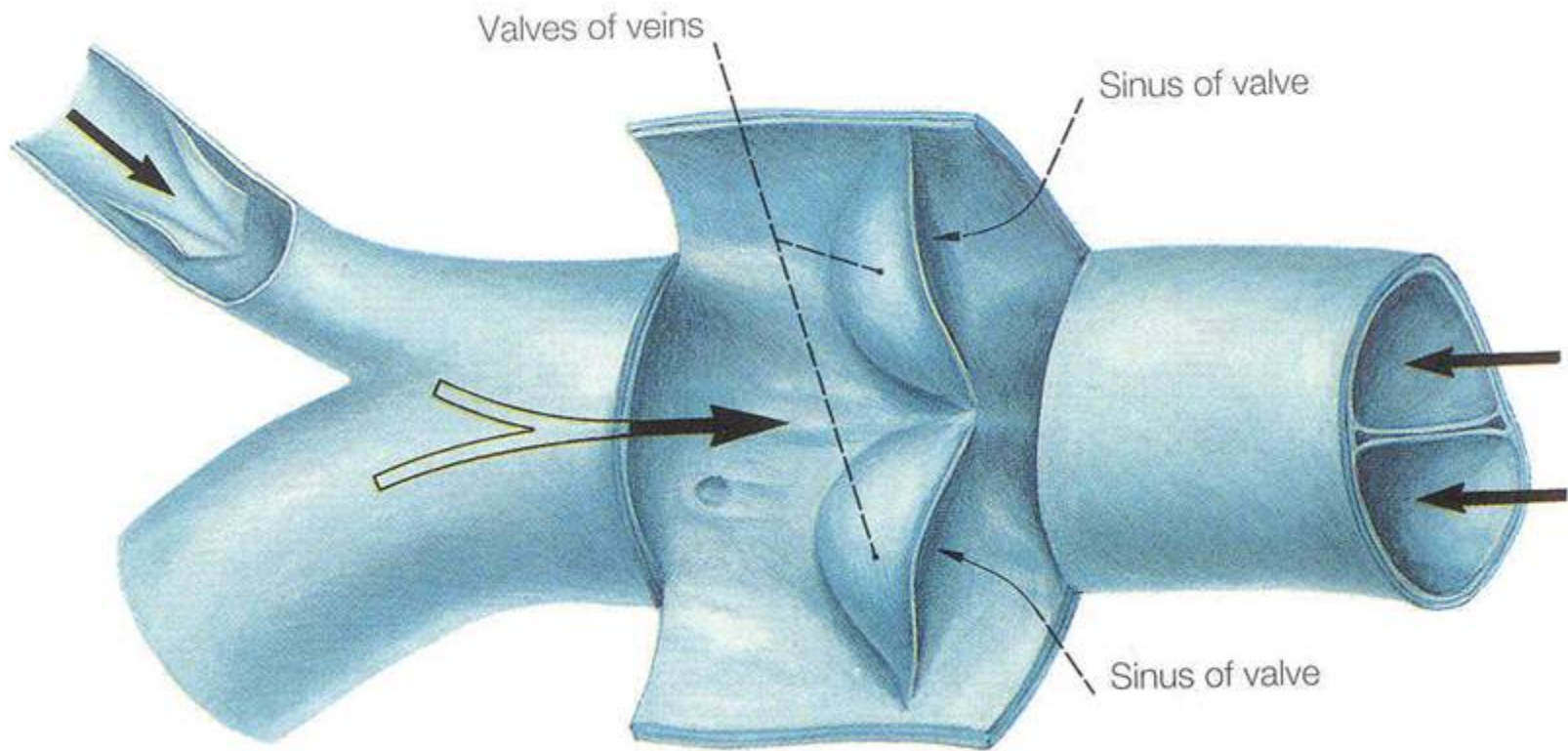
Veins have periodic valves to prevent backflow.

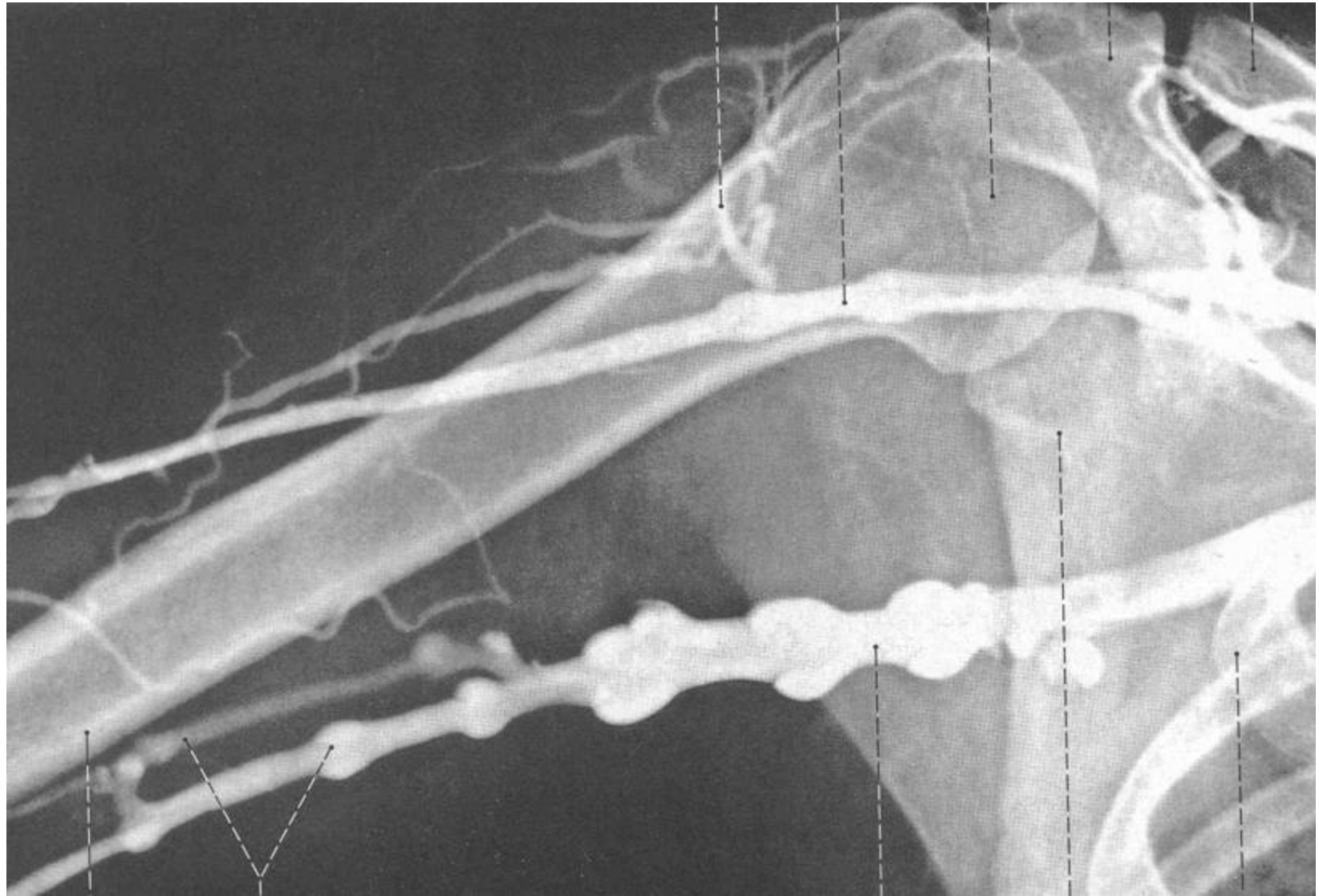


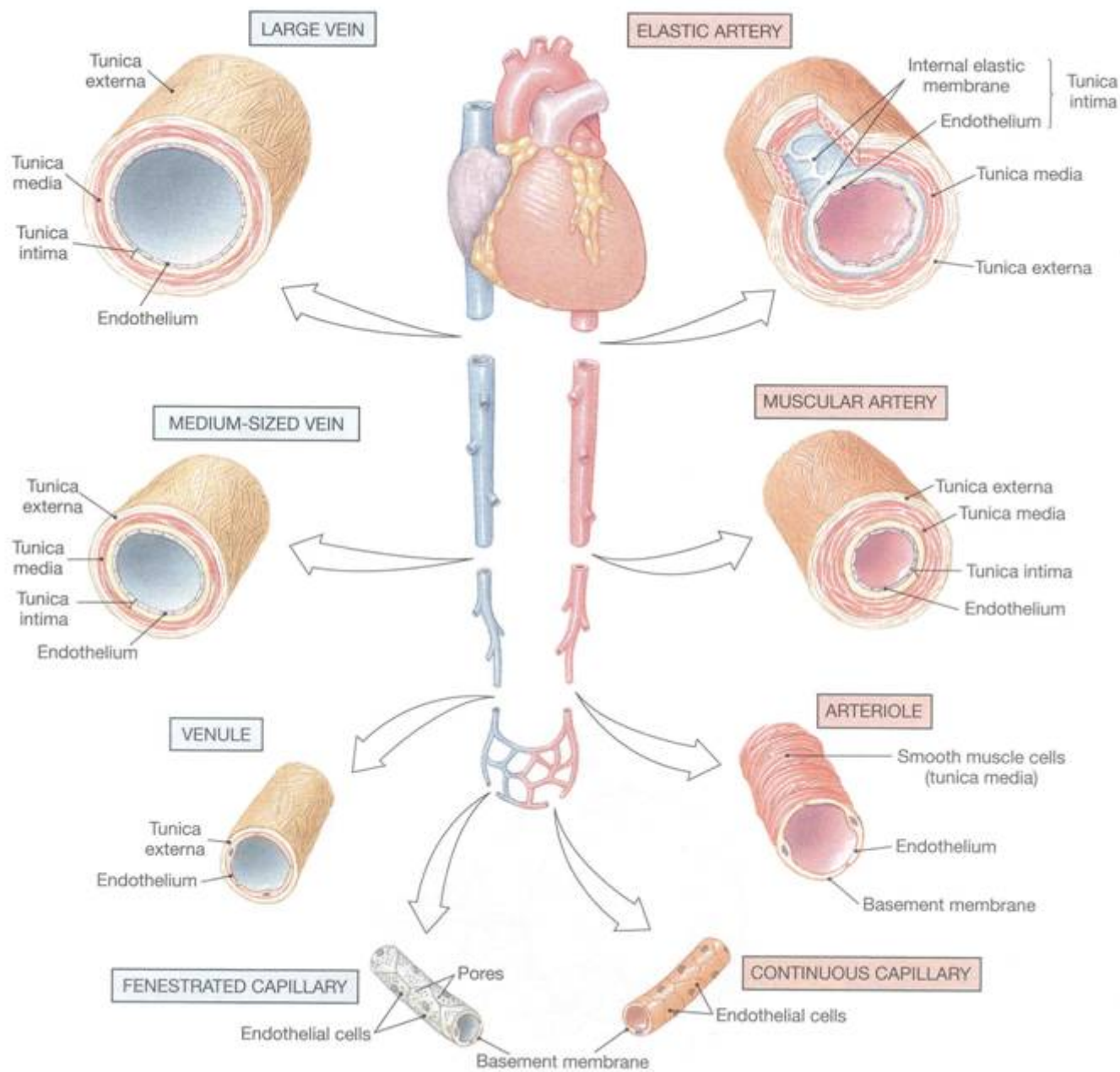
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**Extremely thin
tunica media in a
vein.**

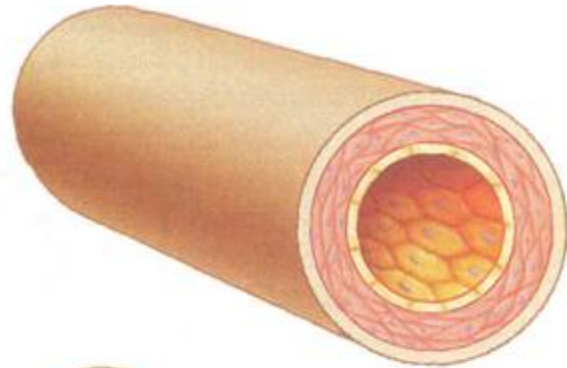




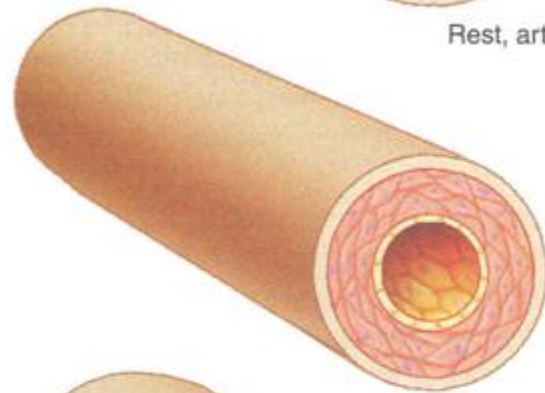


ARTERIES to ARTERIOLES

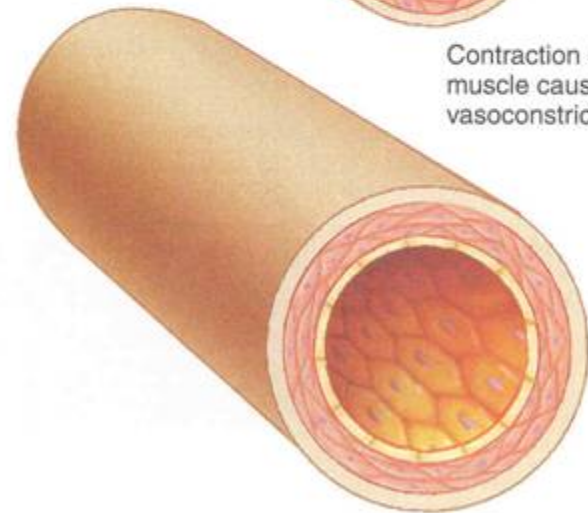
- Smallest definable arteries are arterioles.
- They have relatively more smooth muscular tissue, less elastic tissue.
- Thus, they are more easily regulated by (autonomic) nervous control.
- Very smallest arterioles (terminal arterioles):
 - Have no internal elastic layer.
 - Tunica media* densely supplied with sympathetic nerve fibers.



Rest, arteriolar tone



Contraction of smooth muscle causes vasoconstriction



Relaxation of smooth muscle causes vasodilation

VEINS TO VENULES

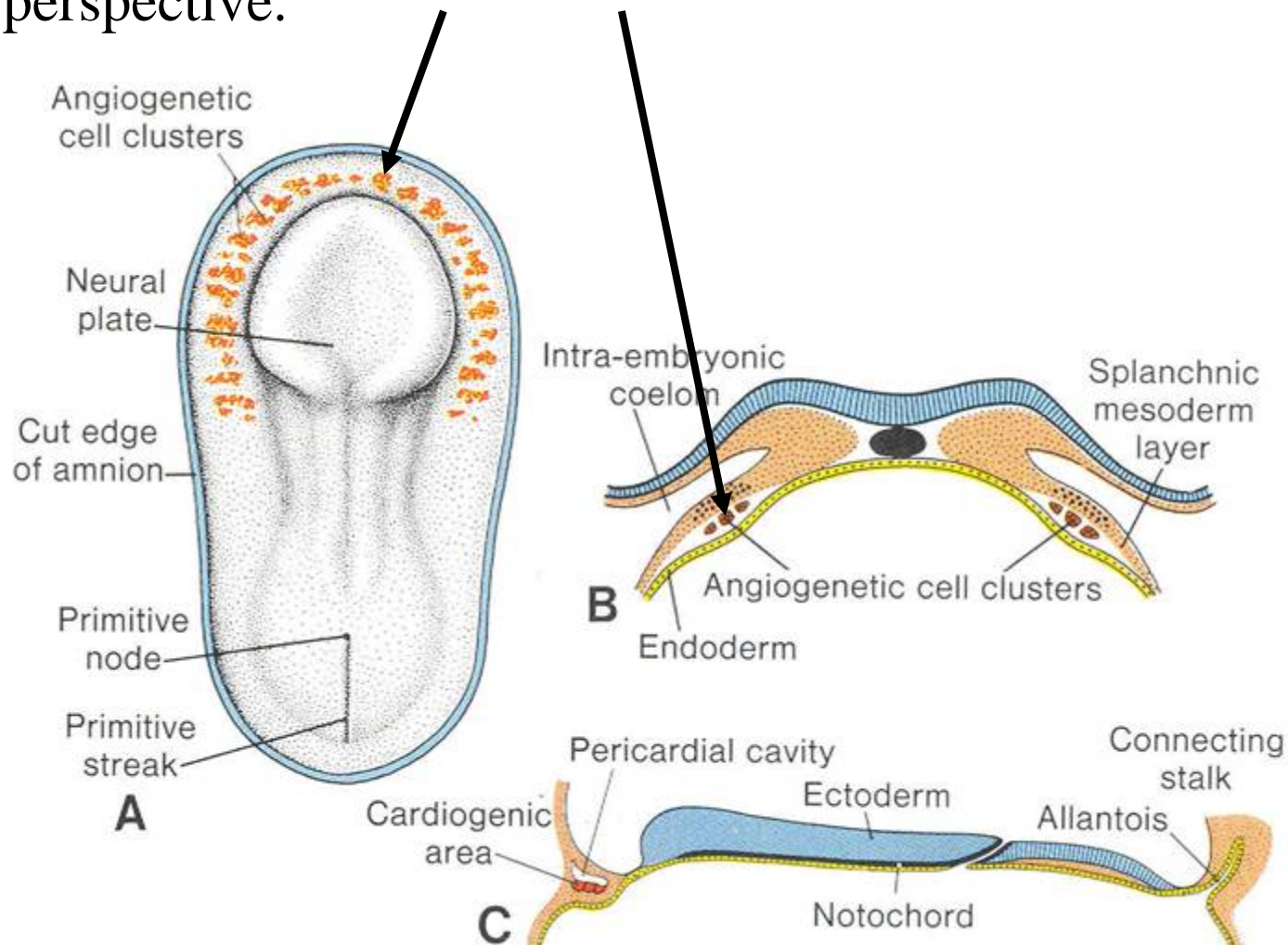
- Some veins to have smooth muscle in them (the very largest).
- Have same layers as arteries, but *tunica media* is much thinner.
- Have relatively less elastic tissue.
- Operate at low pressure.
- Have periodic bicuspid-shaped valves to prevent backflow.
- Smallest (venules) receive capillary blood – have no *tunica media*.

Capillaries:

- Blood to capillaries from **arterioles**.
- Smallest and thinnest of vessels.
- Usually constructed of only a single layer of tunica intima.
- Greatest loss of blood pressure is at capillaries.
- Gas transfer takes place across wall.
- Nutrient transfer takes place across walls.
- Blood from capillaries to **venules**.

The first blood vessels of the embryo form inside the embryonic disc even before somites appear. They form near the edge of the yolk sac (a primitive condition inherited from macrolecithal organisms that stored yolk for food).

Angiogenetic cell clusters extend in an arc around the head end of the ventral opening of the yolk sac. Initially, this means that the angiogenetic cell clusters (and the blood vessel that forms from them) have the pattern of a "horseshoe" if viewed from a dorsal or ventral perspective.



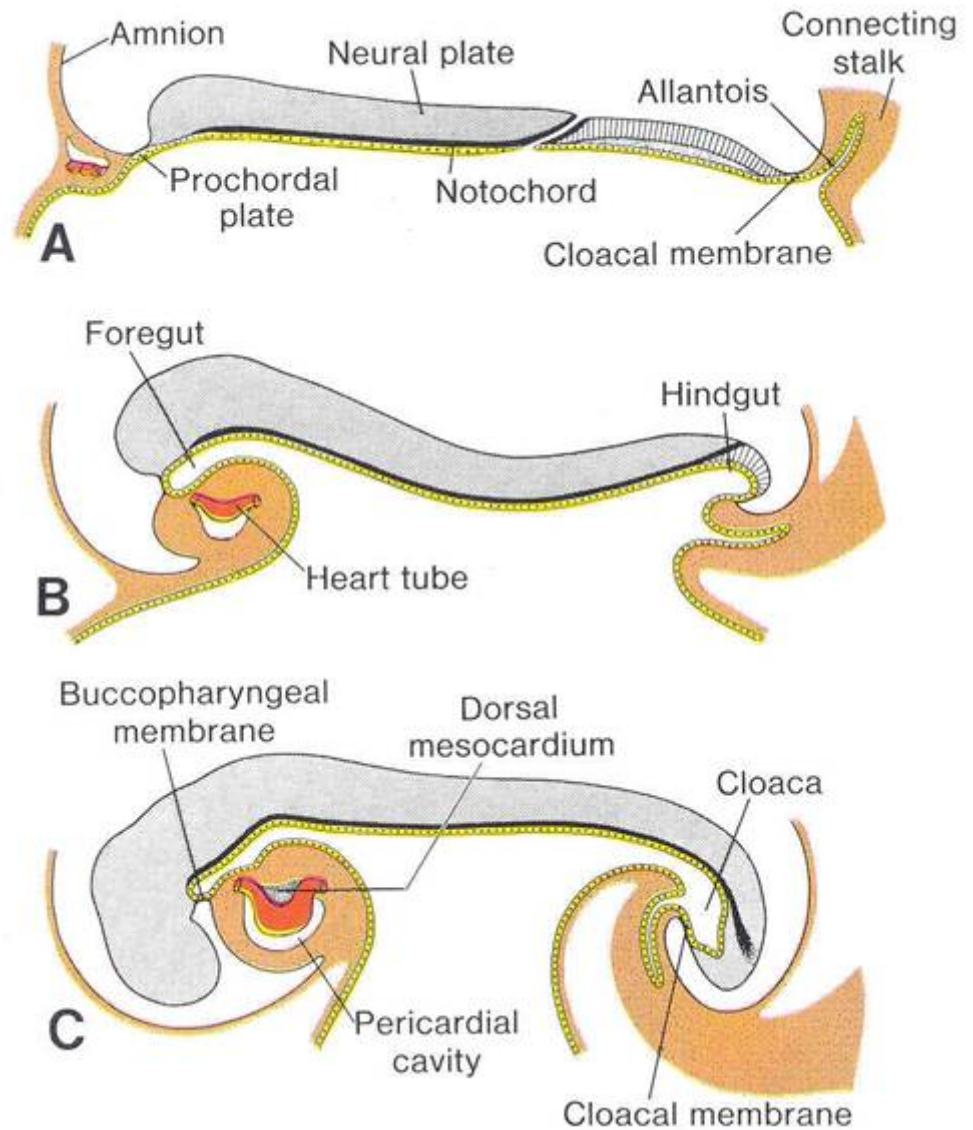
An important point to understand is that the coelom runs up and down either side of the body.

At the head end, right underneath the developing pharynx, the coelom on the left communicates with the coelom on the right.

Thus, the coelom cuts across the midline here.

The brain grows at an incredible rate. It grows so fast that it makes the head bend around under the embryo's body.

This is why the heart winds up on the **VENTRAL SIDE** of the body.



The part of the heart ventral to the gut tube is a single tube itself.

The tube exiting the heart at its cranial end is the ventral aorta.

However, the heart cannot remain a simple tube (like a fish), so it must be subdivided into a right and left side.

A septum subdivides the heart into a left and right side.

The tube exiting the heart at its cranial end is the ventral aorta.

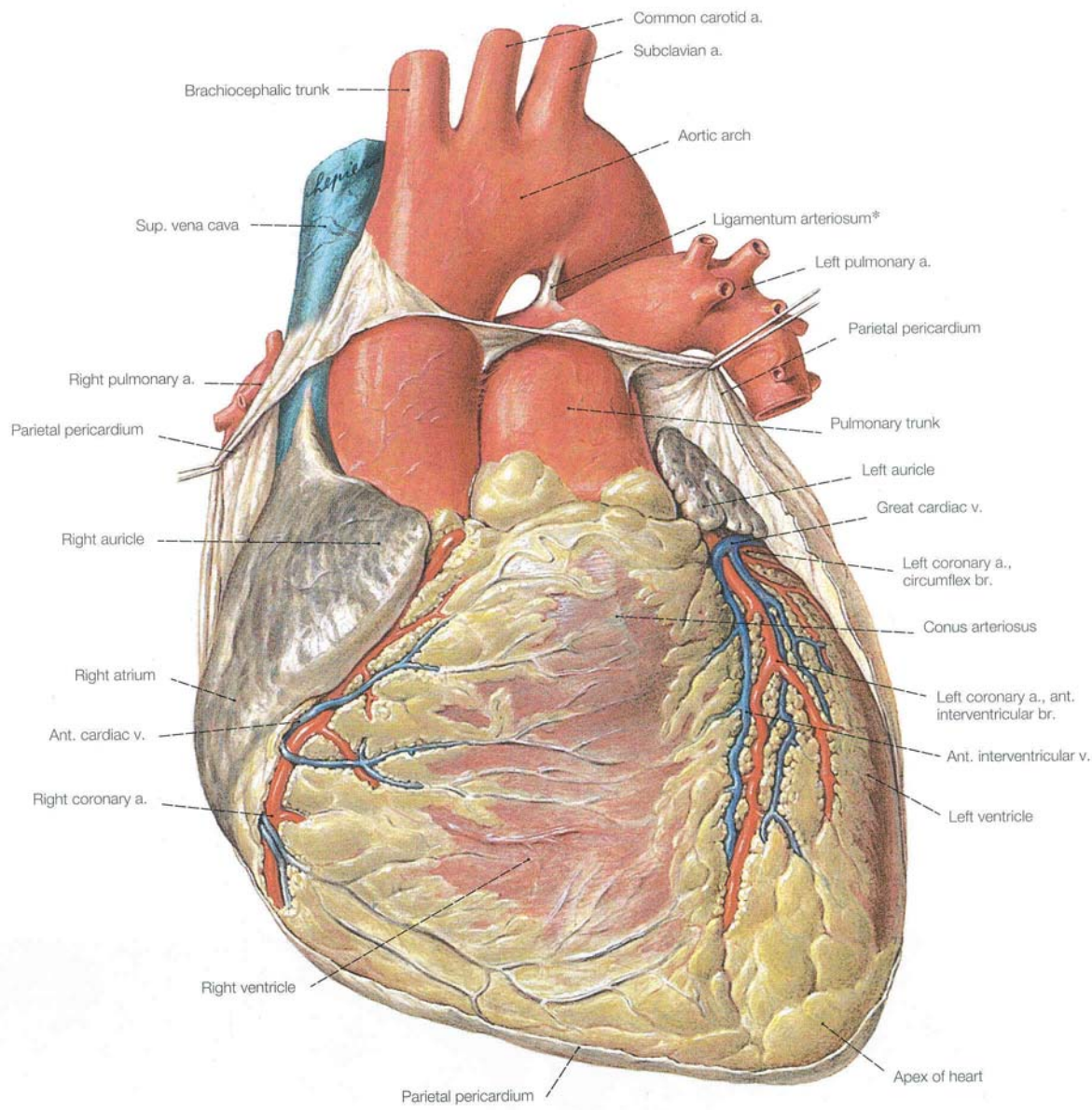
It also subdivides:

The right side connects with the lungs.

The left side supplies the body.

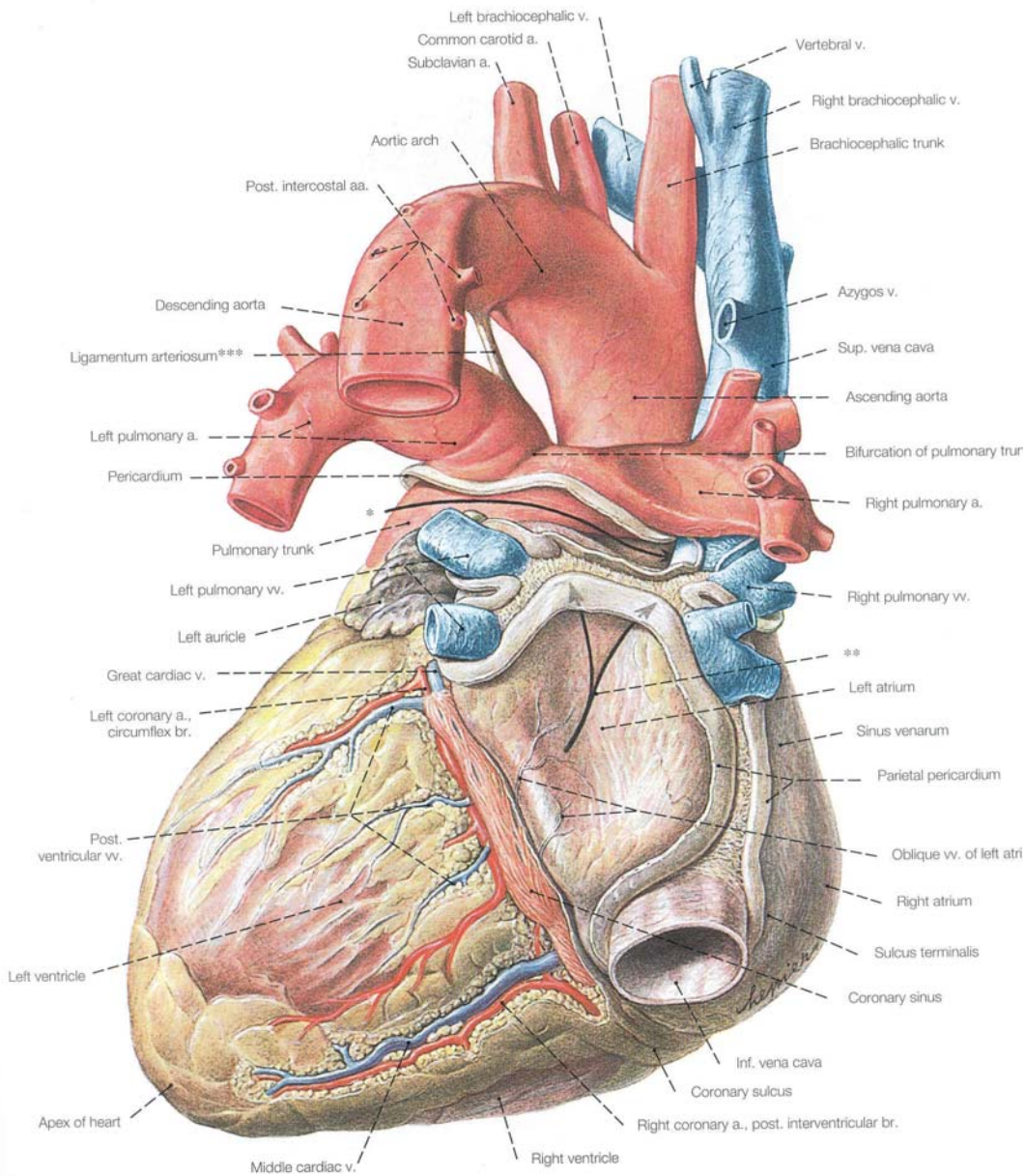
(More later...)

Anatomy of the Postnatal Heart



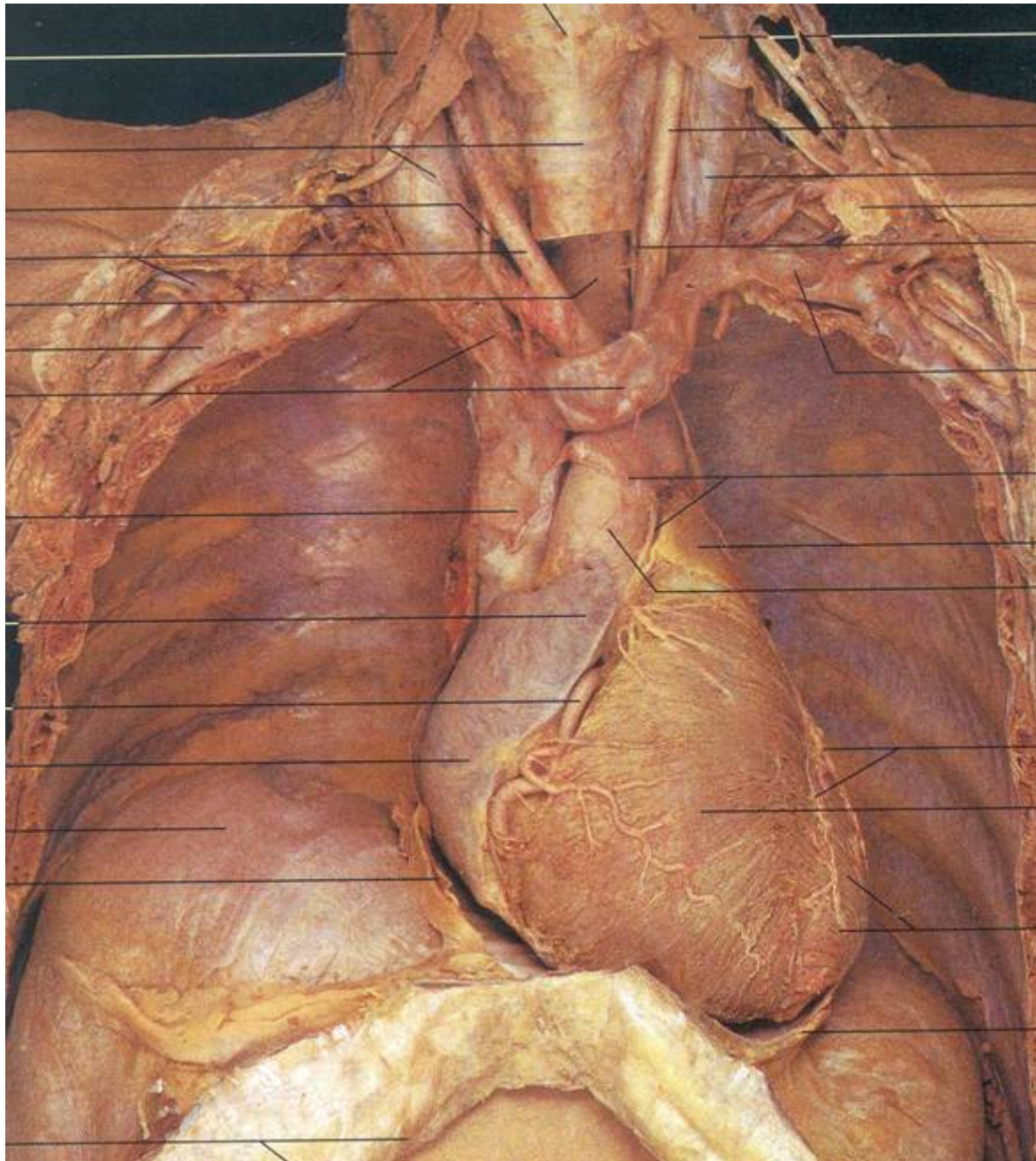
Heart in VENTRAL view.

**(You see
mostly
right
ventricle!)**



**Heart in
DORSAL
view.**

**(You see
mostly left
ventricle.)**



HEART

The real
thing in
ventral
view.

Lungs have
been
removed.

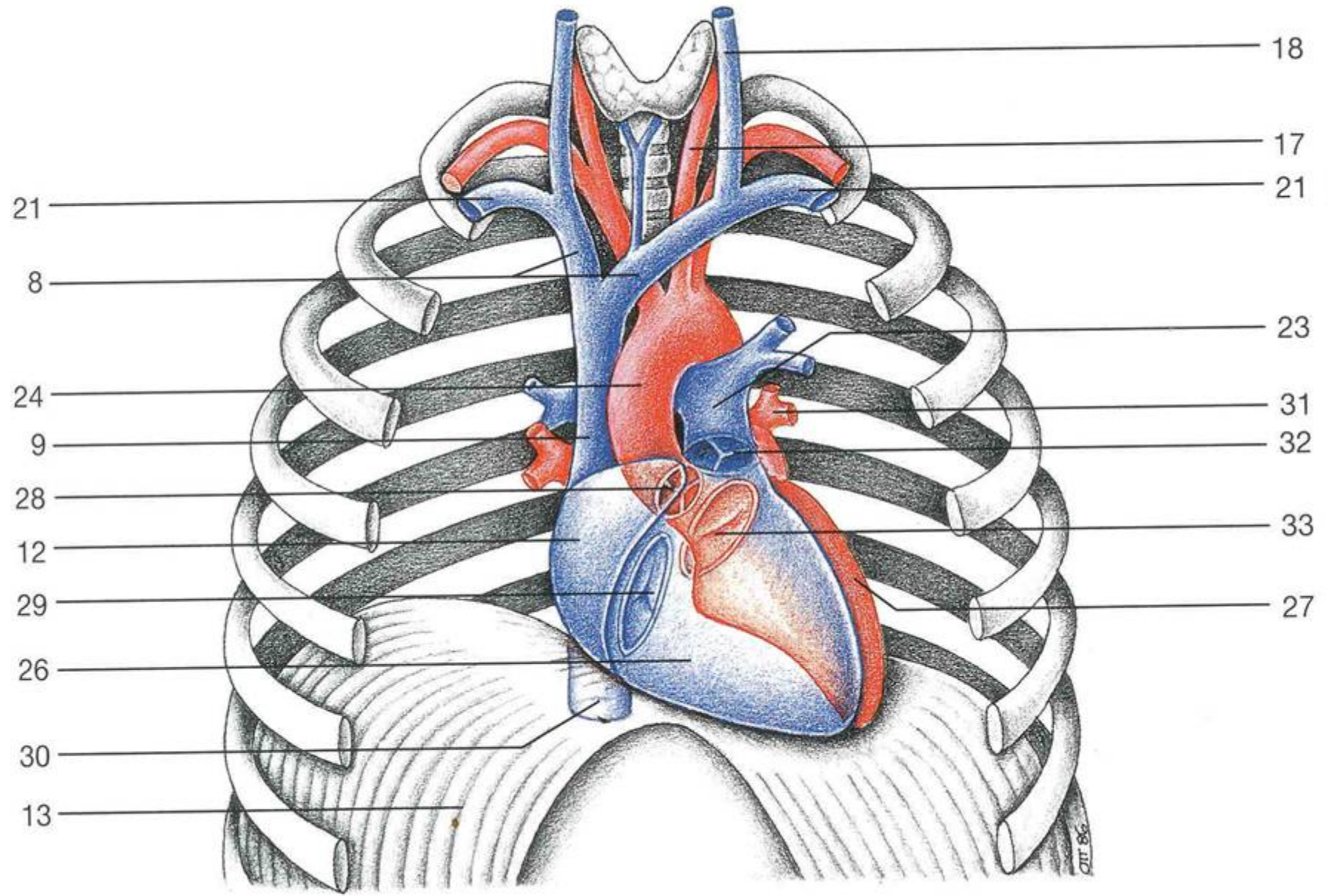
Gross Anatomy of Heart

Right Atrium: Receives deoxygenated blood from body.

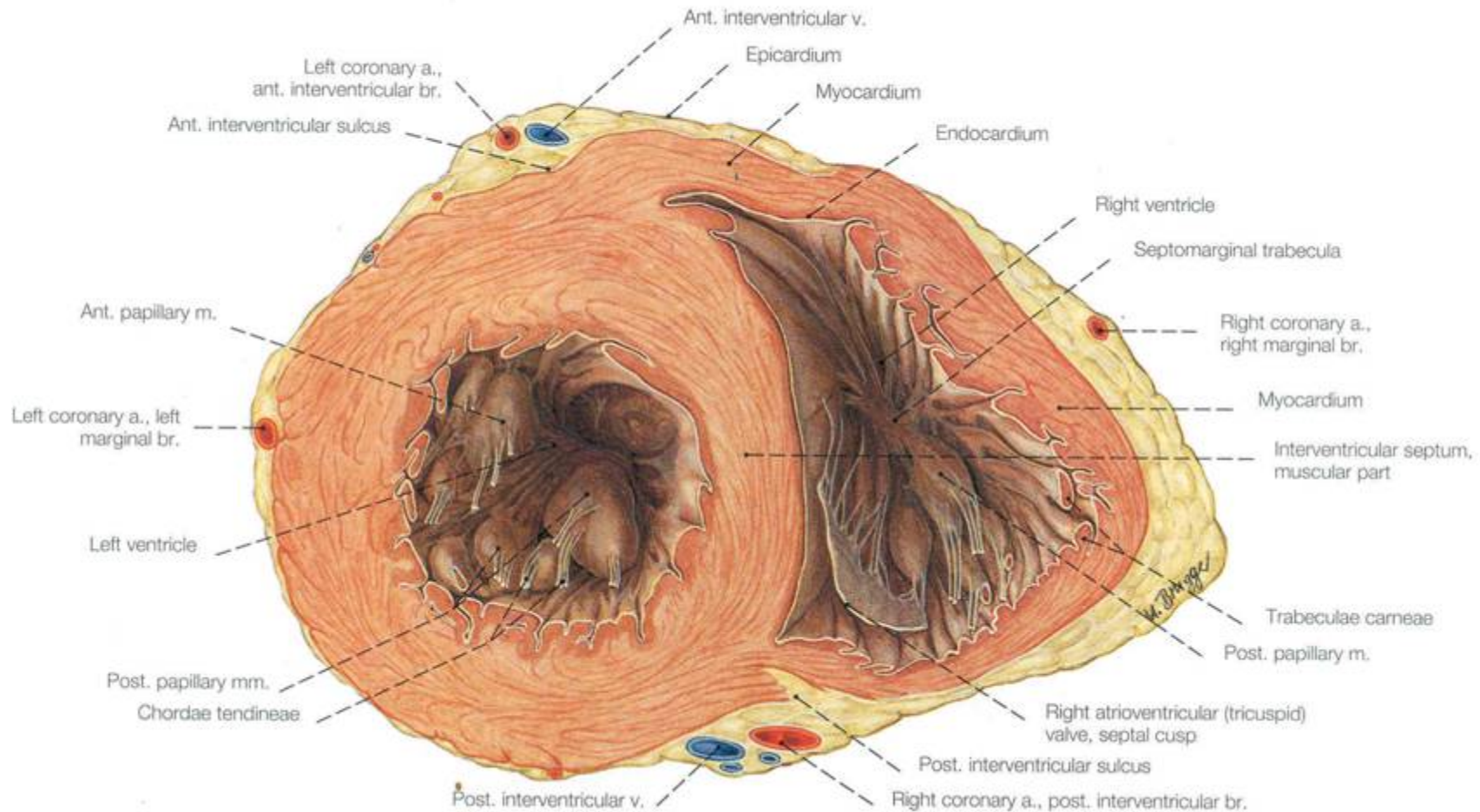
Left Atrium: Receives oxygenated blood from lungs.

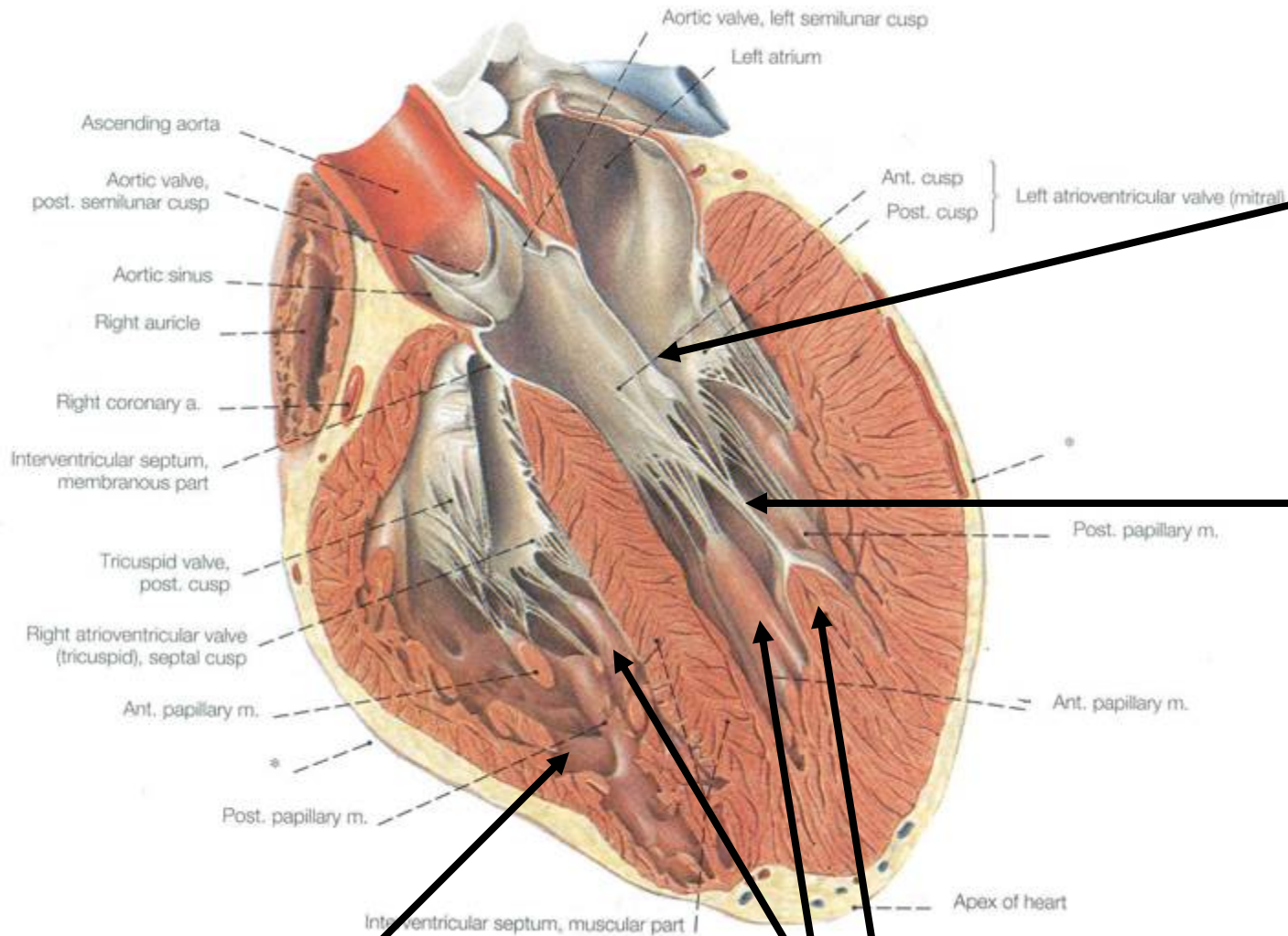
Right Ventricle: Receives deoxygenated blood from right atrium and sends it to lungs.

Left Ventricle: Receives oxygenated blood from left atrium and sends it to body.



Walls of the ventricles: Left wall is thicker!



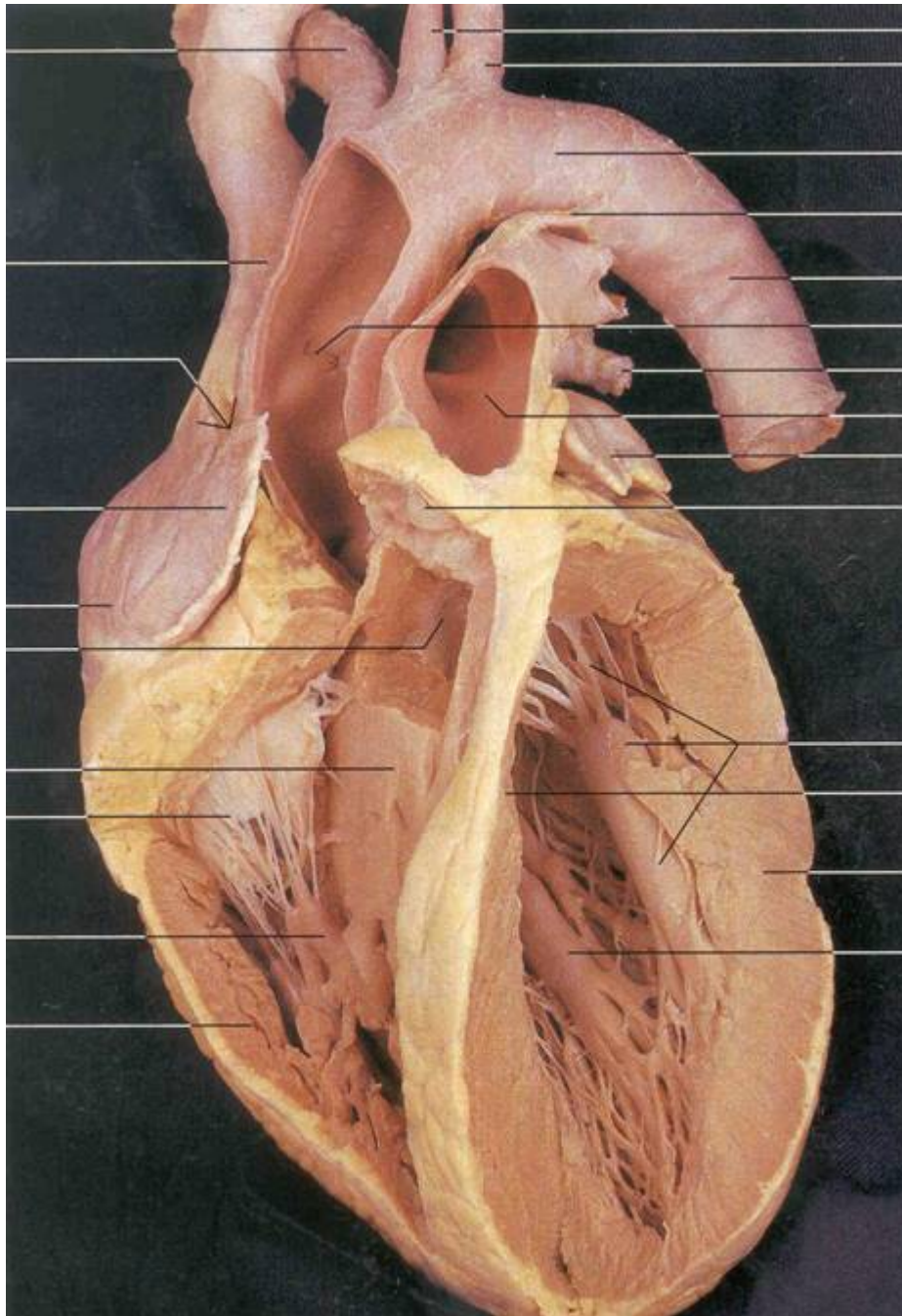


Bicuspid valve

Chordae Tendoneae

Trabeculae carnae

Papillary muscles



Find:

1. Walls of the ventricles
2. Auricles
3. Inner walls of the atria
4. Fossa ovalis
5. Trabeculae carnae
6. Atrioventricular valve
 - (a) "Bicuspid valve"
 - (b) "Tricuspid valve"
7. Chordae tendoneae
8. Papillary muscles
9. Aortic & pulmonary valves

Blood Supply of the Heart Wall

1. Coronary arteries

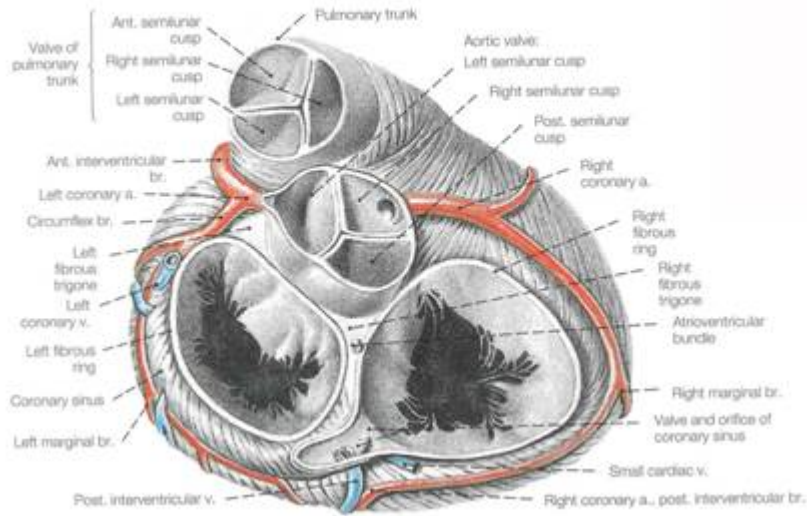
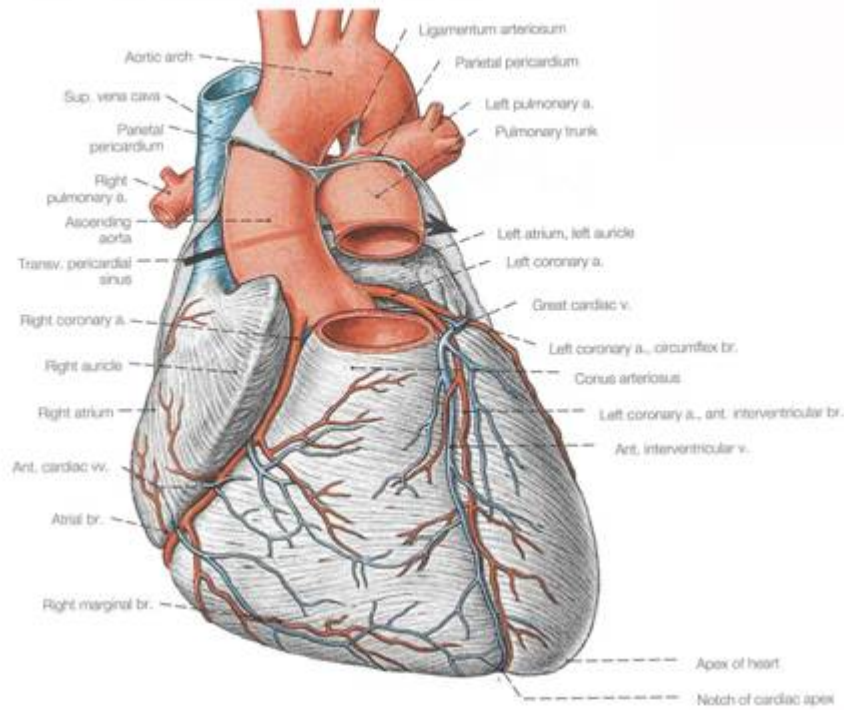
(a) Left coronary artery

(b) Right coronary artery

(c) Interventricular branches

(d) Right marginal branch

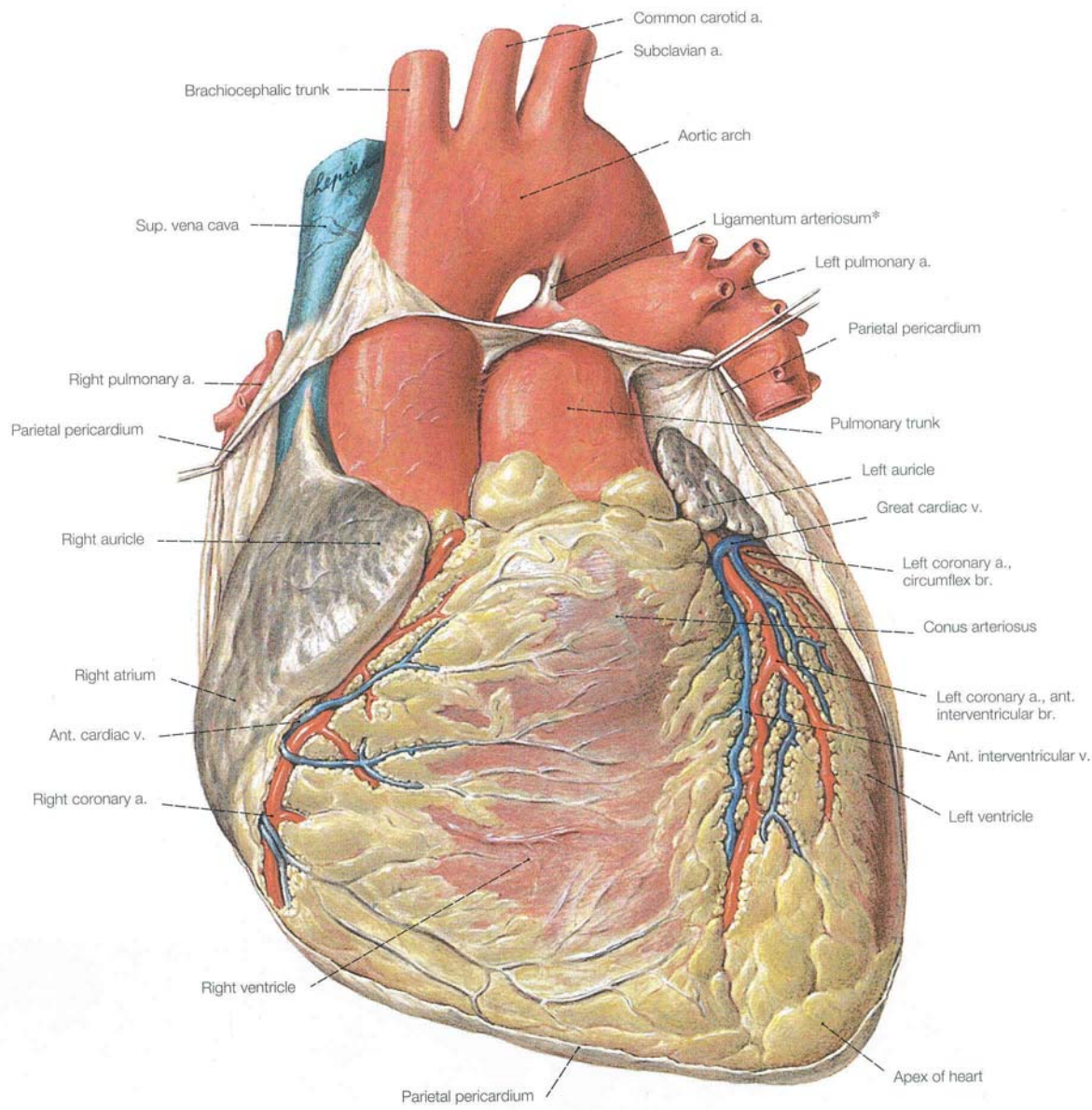
2. Cardiac veins



Coronary arteries are the **FIRST** branches of the aorta!

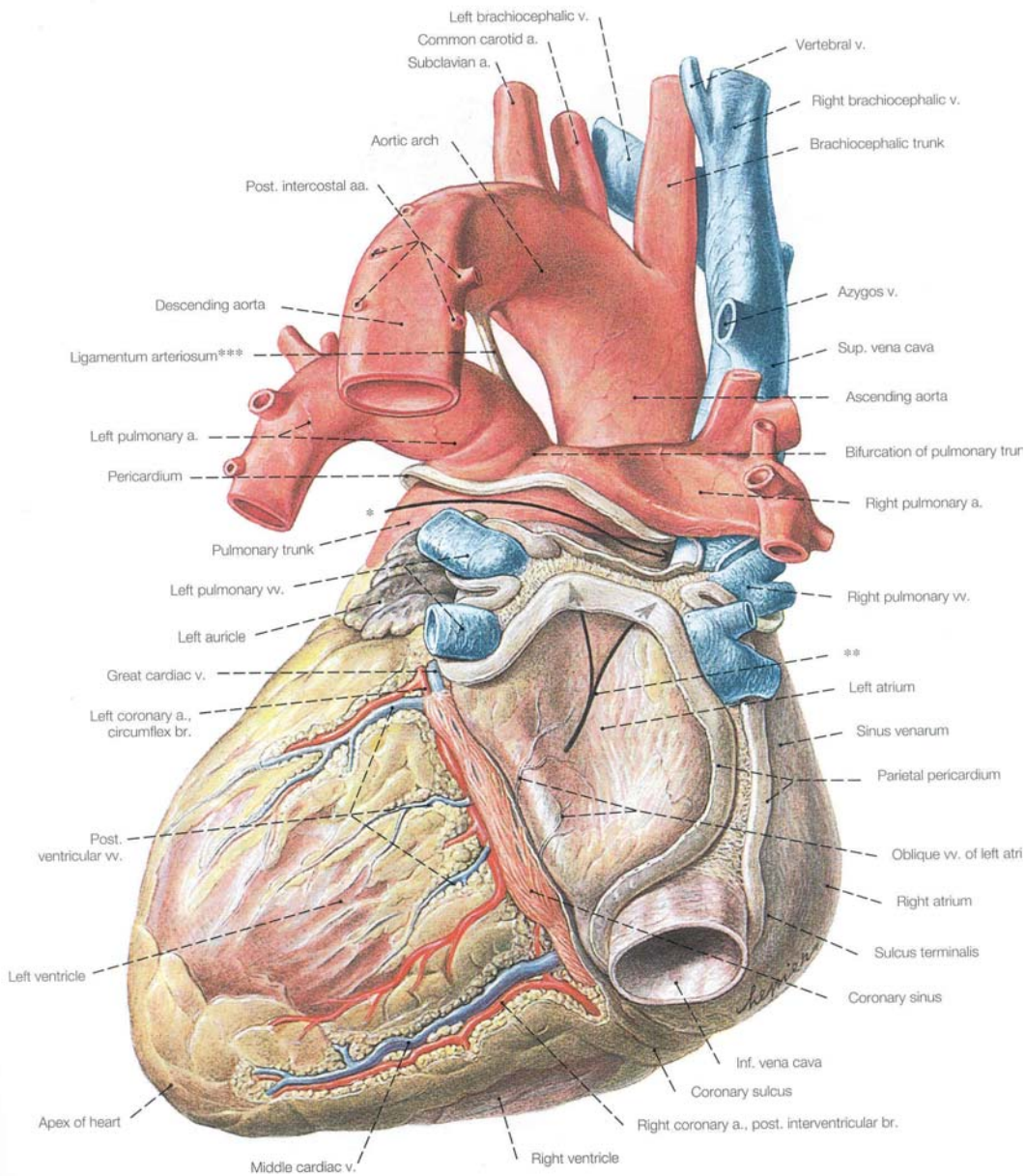
1. Coronary arteries
 - (a) Left coronary artery
 - (b) Right coronary artery
 - (c) Interventricular branches
 - (d) Right marginal branch

2. Cardiac veins



Heart in VENTRAL view.

(You see
mostly
right
ventricle!)



**Heart in
DORSAL
view.**

**(You see
mostly left
ventricle.)**

Characteristics of Cardiac Muscle

1. Cardiac muscle = intermediate between skeletal & smooth muscle.
2. Cardiac muscle = uninucleate
3. Intercalated discs.

Function of the Heart & Control of Heartbeat

1. Contracts spontaneously; does not need nervous stimulation to contract.
2. Motor nerves that supply the human heart = modulate heart rate.
3. Sympathetic motor impulses speed up heart rate & parasympathetic motor impulses slow it down.

SYMPATHETIC: UPPER THORACIC SEGMENTS (T3-T4) GO UP TO THE NECK, AND COME BACK DOWN TO THE HEART.

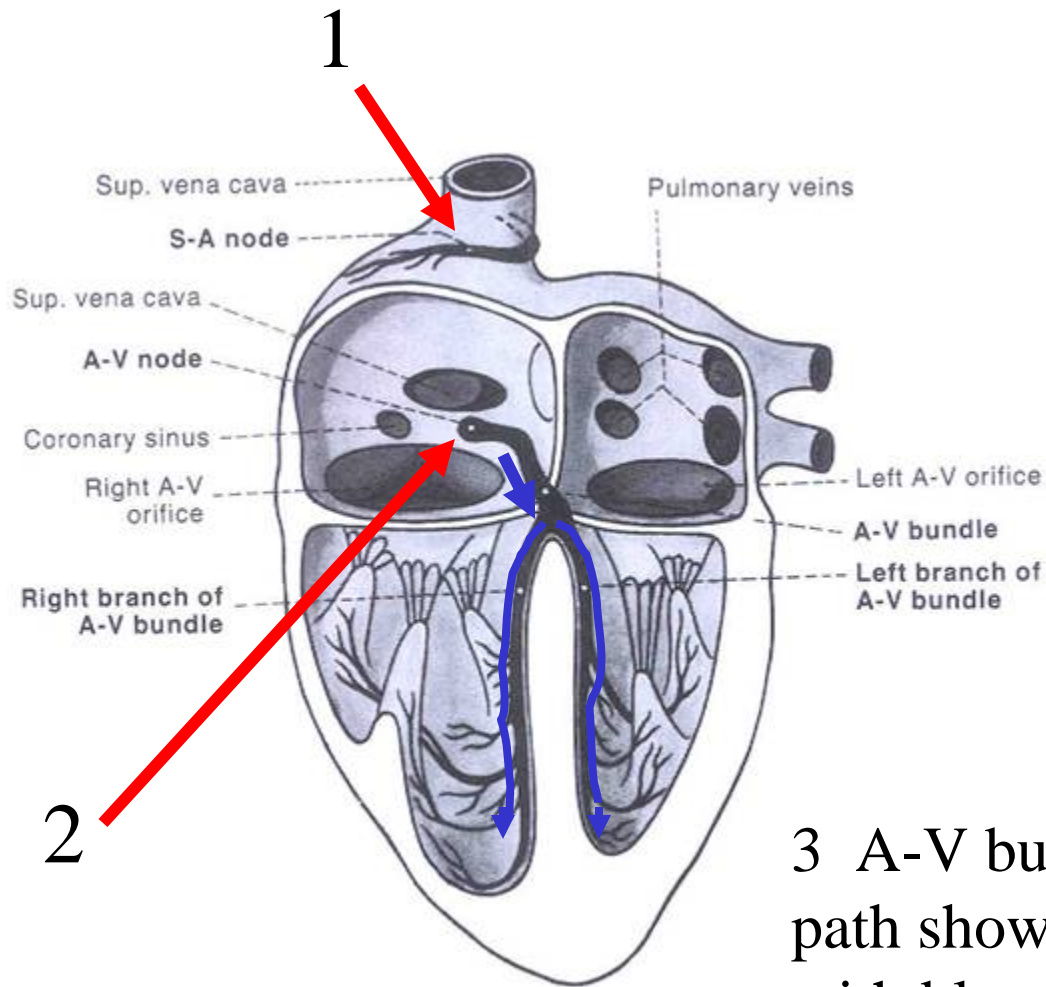
Why would it do this?!?

PARASYMPATHETIC: VAGUS NERVE (X)

Intrinsic regulation of heart beat

- System made up of cells called Purkinje fibers (insulated from surrounding cells of heart).
- **Sinoatrial node** is PACEMAKER OF HEART, and beginning of process. Generates periodic impulses that initiate contraction of right atrium.
- Signal then runs to **Atrioventricular node**. Message is passed along a track of Purkinje fibers called the...
- **Atrioventricular bundle**. Atrioventricular bundle then splits into right and left limbs/branches that pass to individual inner ventricular walls on right and left.

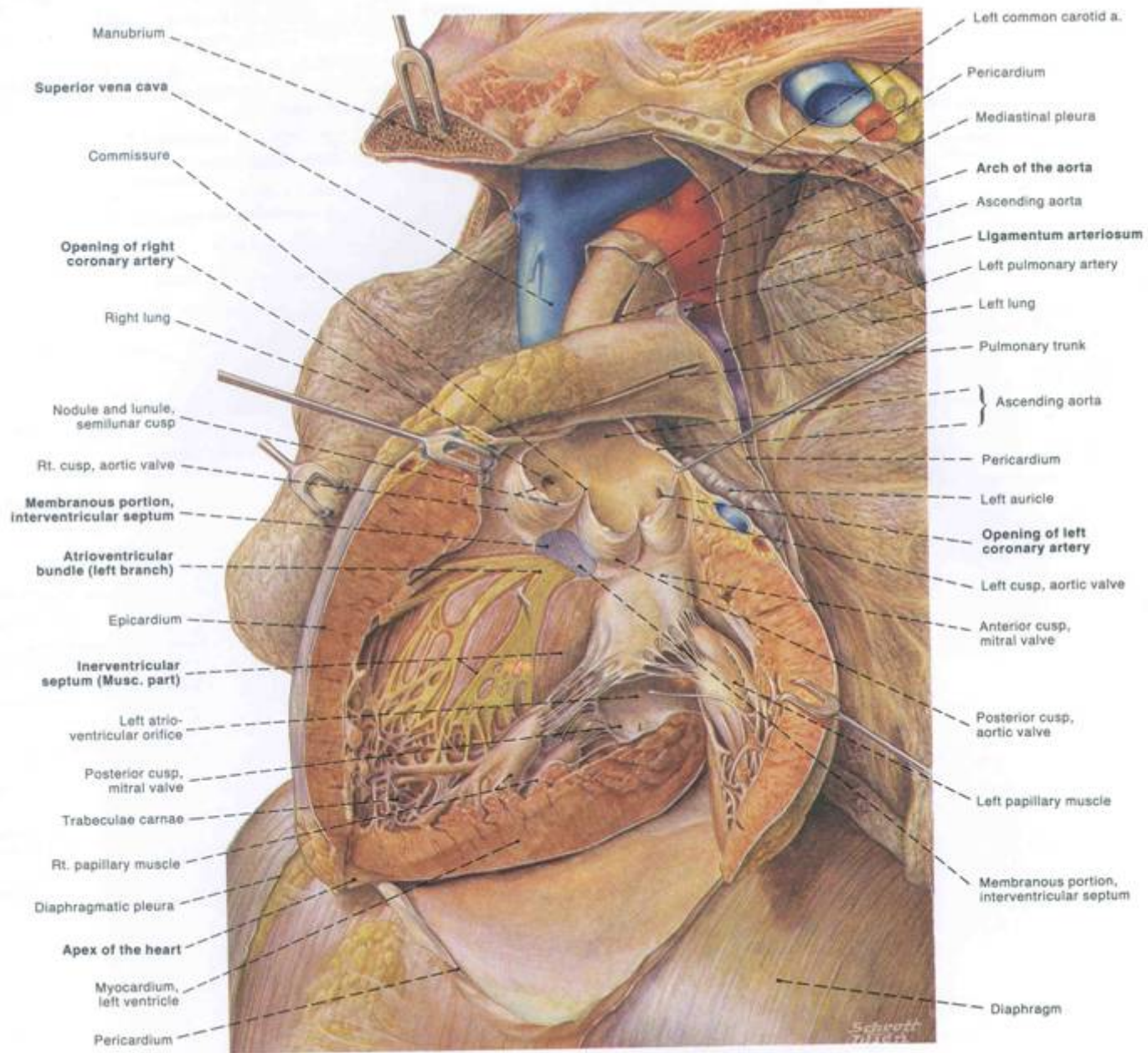
Intrinsic regulation of heart beat



2

3 A-V bundle path shown with blue arrows

1. **Sinoatrial node** is PACEMAKER OF HEART, and beginning of process. Generates periodic impulses that initiate contraction of right atrium.
2. Signal then runs to **Atrioventricular node**. Message is passed along a track of Purkinje fibers called the...
3. **Atrioventricular bundle**. Atrioventricular bundle then splits into right and left limbs/branches that pass to individual inner ventricular walls on right and left.





The Atrioventricular Bundle Dissected in the Right Ventricle

NOTE: 1) the atrioventricular (AV) bundle forms a part of the conduction system of the heart and is composed of modified cardiac muscle fibers called Purkinje fibers. This AV bundle commences at the AV node in the interatrial septum near the opening of the coronary sinus of the right atrium.

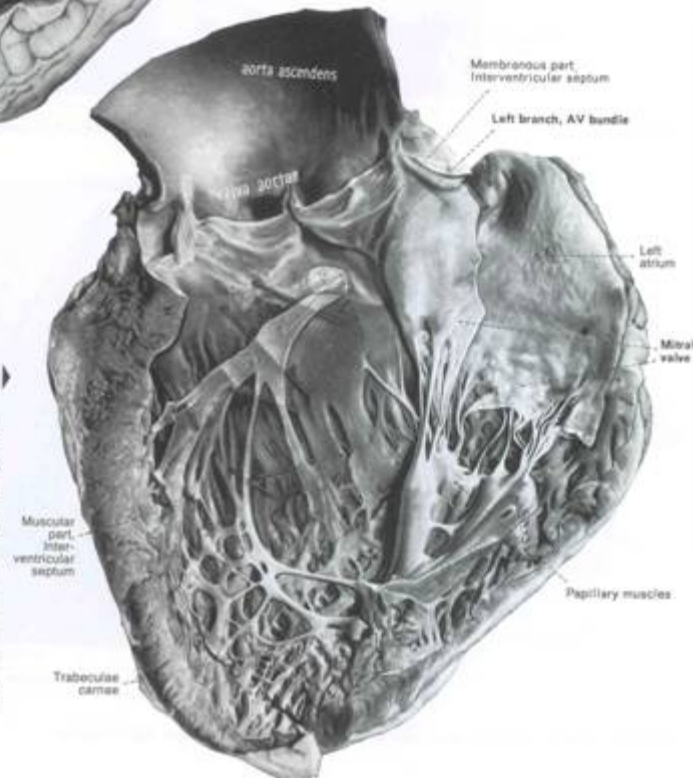
2) the AV bundle is then directed toward the membranous part of the interventricular septum where it divides into right and left branches. The right branch, which is dissected in this figure, courses in the wall of the right ventricle and is distributed toward the apex.

3) in this dissection the bundle was severed at its site of entrance into the anterior papillary muscle.

The Atrioventricular Bundle Dissected in the Left Ventricle

NOTE: 1) the left branch of the atrioventricular bundle is dissected on the left side of the interventricular wall. It is seen to commence as a rather wide band of tissue and soon it divides into several strands. These fan out to become distributed among the papillary muscles and trabeculae carnae of the inner left ventricle and ramify among the cardiac muscle fibers.

2) the conduction system of the heart transmits to the cardiac musculature the rhythmic impulses characteristic of the rate of heart beat. This rhythm is superimposed on the natural contractile property of cardiac musculature, and the rate responds to regulation by the cardiac nerves which innervate the heart.



Maximum Heartrate Calculation

(Suggested) MAXIMUM HEARTRATE can be calculated by the formula:

$$208 - (0.7)(\text{your age}) = \text{normal maximum heartrate.}$$

Heartrate

Resting heartrate average is variable depending on ages, sex, weight, etc.

MAXIMUM HEARTRATE used to be calculated by the formula:

$220 - \text{your age} = \text{normal maximum heartrate.}$

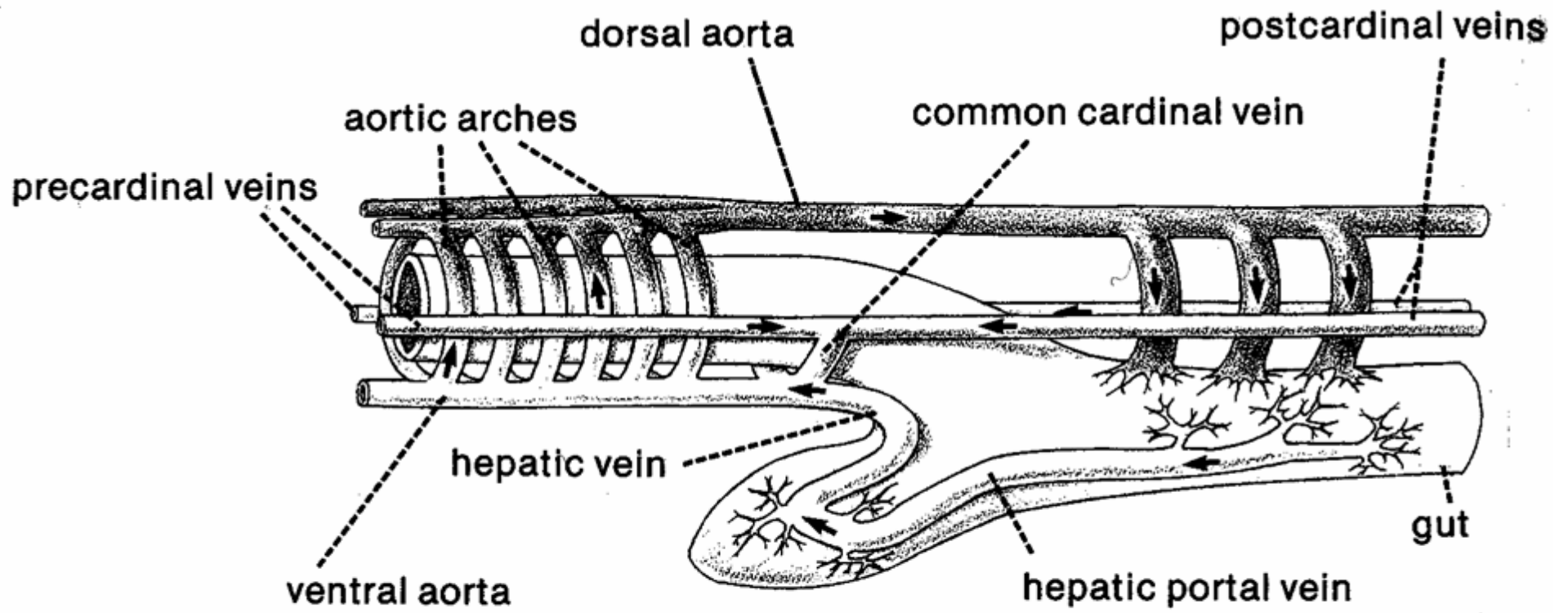
(This is now known to be oversimplified and incorrect.)

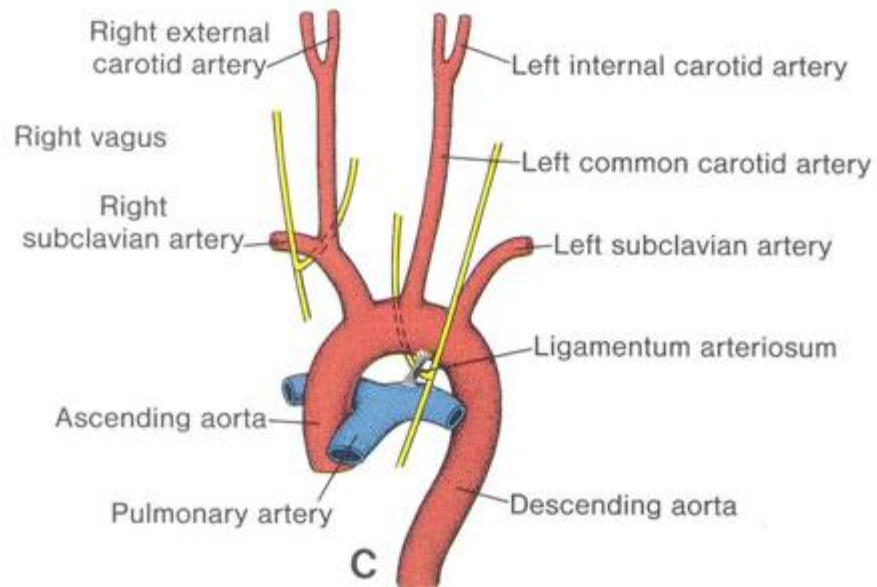
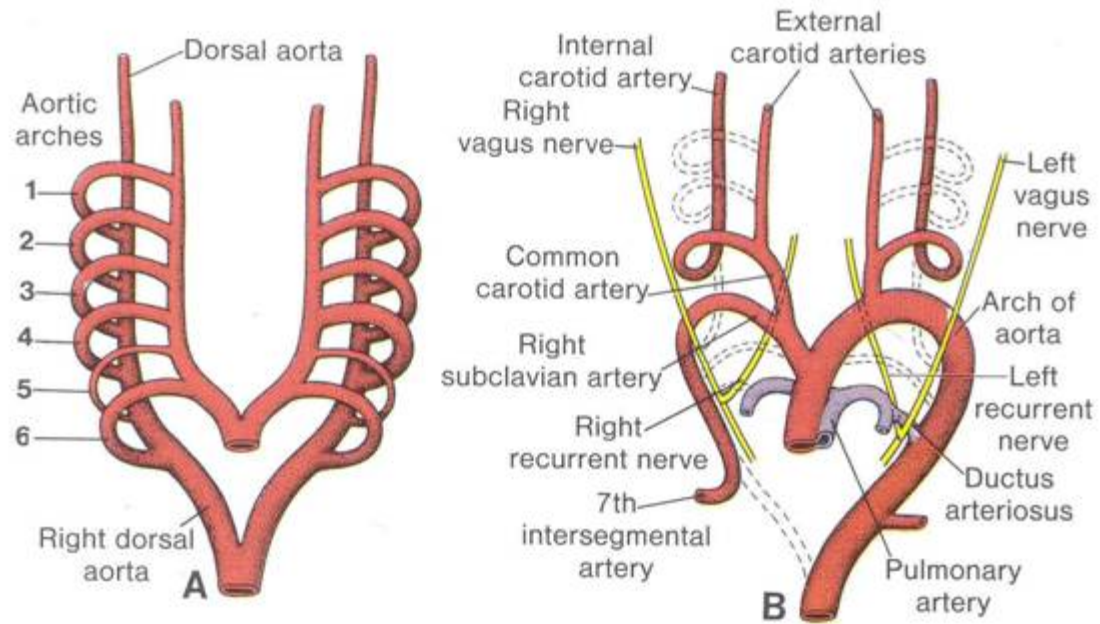
The Great Vessels of the thorax are a logical extension of the heart

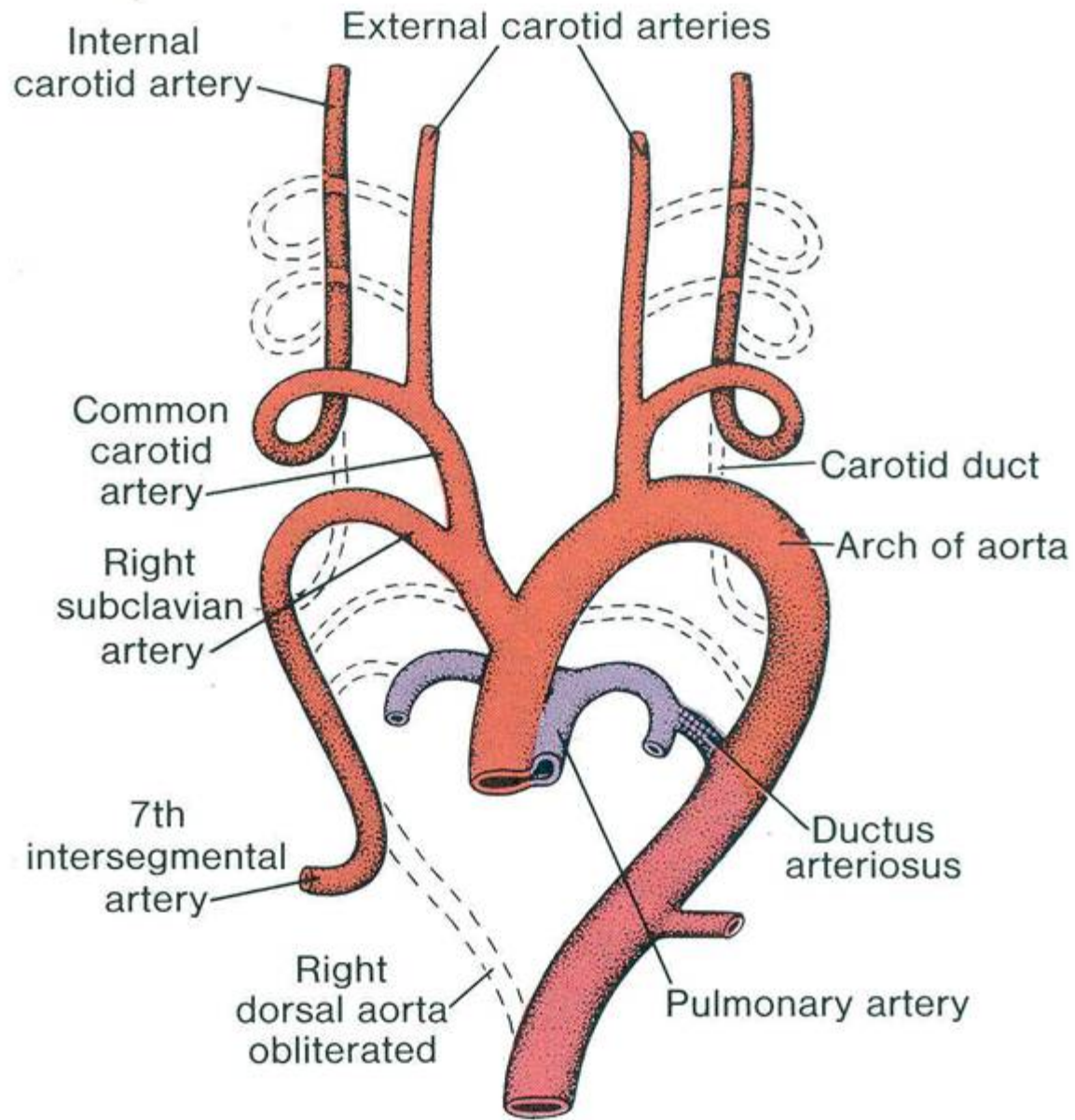
Embryonic Origin of Great Vessels: They are derivatives of the aortic arches.

STOP here and review the
aortic arches!

Draw them
diagrammatically...







This is in
your lab
manual!

Aortic Arch Summary:

Arch I: Mostly disappears
(a small part becomes a
bit of the maxillary
artery).

Aortic Arch Summary:

Arch II: DISAPPEARS

Aortic Arch Summary:

Arch III: CAROTID

ARCH – becomes part of
carotid arteries.

Aortic Arch Summary:

Arch IV: AORTIC
ARCH -- Right side
disappears. Left side
becomes ARCH OF
AORTA.

Aortic Arch Summary:

Arch V: DISAPPEARS

Aortic Arch Summary:

Arch VI: PULMONARY
ARCH – Becomes
pulmonary artery to lungs.

Great Veins of the Thorax

1. Venous blood dumps in the right atrium of the heart.
 - (a) Blood from the cranial region enters via superior vena cava
 - (b) Body blood enters via inferior vena cava

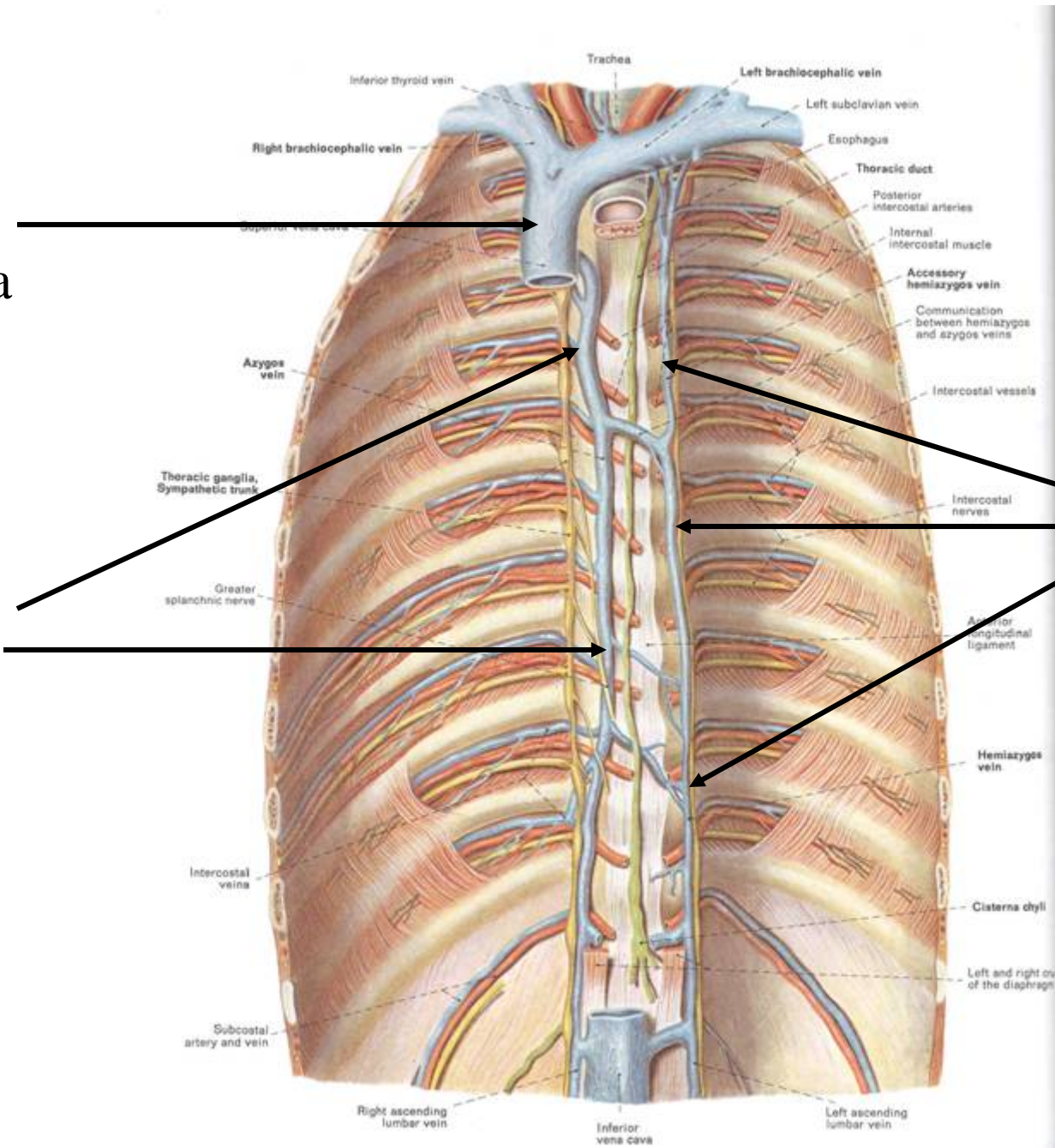
2. Inferior vena cava - passes through the diaphragm after receiving blood from the abdominal gut.

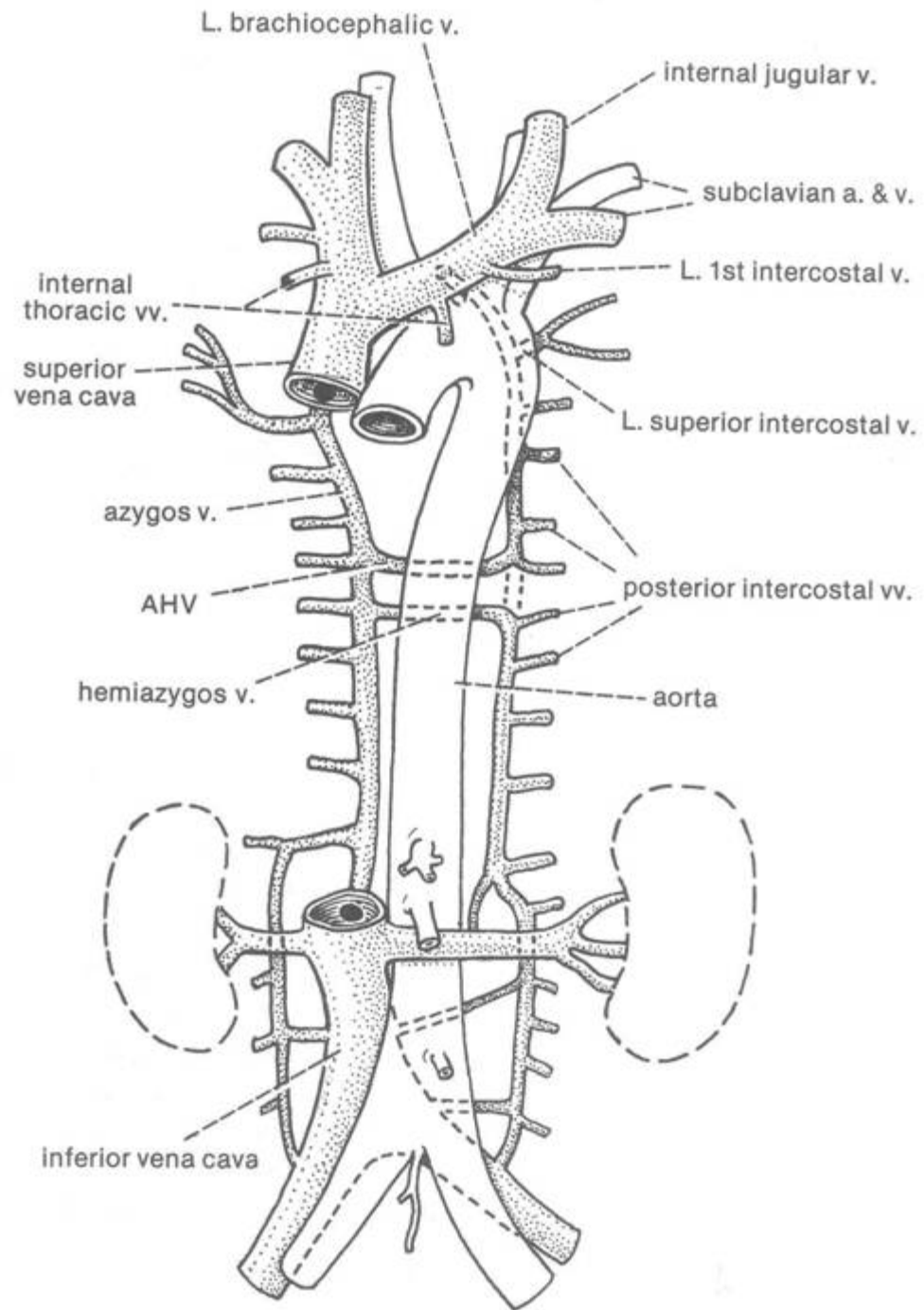
3. Superior vena cava & its 3 tributaries:
 - (a) Azygous vein
 - (b) Right brachiocephalic vein
 - (c) Left brachiocephalic vein

Superior
Vena Cava

Azygous
Vein

Hemiazygous
Vein





Great Veins of the Thorax

1. Venous blood dumps in the right atrium of the heart.
 - (a) Blood from the cranial region enters via superior vena cava
 - (b) Body blood enters via inferior vena cava
2. Inferior vena cava - passes through the diaphragm after receiving blood from the abdominal gut.
3. Superior vena cave & its 3 tributaries:
 - (a) Azygous vein
 - (b) Right brachiocephalic vein
 - (c) Left brachiocephalic vein